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SELF-MANAGEMENT: TIME MANAGEMENT, LIFE MANAGEMENT AND PERSONAL MANAGEMENT



Createspace, United States, 2013. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Self-Management can simply be described as a set of skills, strategies and tactics that can be used to achieve the desired personal and professional outcomes. This book provides an approach for self-management that can well be summarized as a Focus-Analyze-Alter . In order to achieve any desired outcome, you must set the right objectives and keep focus on...

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- Authored by Andre Iland
- Released at 2013



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